

★ society...

Who's in and who's out
In the local hot spots

PHOTOS/DUNCAN NDOTONO

MAYA EXPO: EXCLUSIVE WOMEN'S EVENING

LINA Marie has created a platform for women to learn more about themselves, their bodies and their appearances as well as get a chance to network.

The first ever Maya Expo took place at the Woodcharm gallery inside The Junction shopping mall on Thursday night.

After a cheese tasting session hosted by Browns cheese, the show got underway with a thrilling fashion show on how to wear white. **Alice Ndong**, a nutritionist was first up on the podium to tell women how to live healthier lives. Her motto is: To lengthen your life is to lessen your meals.

Dr. Lorna Sangale, a leading and one of the few plastic and cosmetic surgeons in the country gave a breakdown of procedures available to women who want to beautify themselves, slow the ageing process and just look good. One of the most emotional talks came from **Dr Stanley Kainga**, the first plastic and reconstruction surgeon in the region to be qualified to do a face transplant. Pictures of the work he has done and is in the process of doing were quite touching. Women then got the chance to network and compare notes on various aspects.

It is certainly an expo that is worth attending.



1. Faith Moraa, Angela Gende and Vanessa Yade. 2. Model on the runway. 3. Mike Otieno with Michael Kulundu. 4. Emma Kotonya with Ruth Bubi. 5. Lorna Sangale with Regina Kiluva. 6. Ann Githu with Fatou Hassan. 7. Line Marie and Alice Ndong. 8. Anita Nanzala and Lisa Sadimba. 9. Winnie Maundu with Joyce Gichungu. 10. Larry Oluoch with Dorothy Oliech.

GREAT HASH MIGRATION RUNS IN MOMBASA

PHOTOS/ELKANA JACOB

IN 1938, hashing was born. It involves coming together to run on unfamiliar trails and then sit down and enjoy drinks and small talk. Hashing was introduced in Kenya in 1978 and since then has grown to 500 hashers spread among three chapters.

Mombasa town got to host the great hash marathon last weekend at the Butterfly Pavilion, Bamburi. Over 4000 international hashers gathered together to experience the trails of the scenic park. **Gloria Anampiu**, one of the organisers, said the event attracted participants from over 80 countries who were ready to spend money. "Hashers range from middle to high income executives who love to socialise, travel and enjoy good humour. This is exactly what this event will provide for them. It is an event that will bring Kenya a lot of revenue now and on subsequent visits."



1. Philip Bayley blowing the vuvuzela. 2. Kayima Ronald from Barbados Hash, Elizabeth from Trinidad Hash. 3. Halan Smith, Serah Jane and Skyloak at the centre. 4. Kate Fraser, Brian Olesirma and Jackline Daudi. 5. Kenny Sizemore, Heather Auman and Tonny Kiying. 6. Waga Rod with Linda Jane training.

SPOTTED

A formally dressed **Steve Othoro**, CEO Vision 21 and director, Quintessentially at the Art Caffe, Westgate enjoying his lunch meal on Thursday afternoon.